# ORGANIC BISSI OF GREENS

79g POWDER | 150g POWDER

Certified Organic
Non-GMO
Vegan
Gluten-Free

Organic Best of Greens is a synergistic blend of superfoods from both land and sea. We recommend including Organic Best of Greens in your daily health regimen as an all-one-source of pure and potent leafy greens and vegetables.

- Great-tasting blend that supports nutrientabsorption, energy and endurance
- Contains chlorophyll-rich, organic chlorella and organic blue-green algae spirulina, which provide pH balancing and oxygenation support
- Great source of vegetarian protein for building strong, lean muscle tissue
- Also available in Lemon or Green Apple flavor





Pure Planet's Organic Best of Greens includes cruciferous vegetables, sea vegetables, a variety of cereal grass powders and microalgae.

# WHY WE OFFER BEST OF GREENS

Green plants offer the widest variety of Earth elements in the form of minerals, vitamins, enzymes and important antioxidants, along with the widest variety of nutrients. Green plants alkalize, oxygenate, detoxify and nourish, making them an extremely important part of vegetarian and omnivorous lifestyles alike.

# INTERESTING FACTS

Most Americans overestimate their consumption of deep green leafy vegetables and do not get the recommended 5 servings each day. As a result, many suffer from green food nutrient deficiencies.

Spirulina is the most nutrient-dense food on Earth, containing true marine omega-3 fatty acids (typically found in fish), vegetarian vitamin B12, an abundance of beta carotene, a powerful pigment called "phycocyanin," as well as an impressive 60% pure vegan protein.

Chlorella is the fastest replicating single cell organism on the planet and contains an unique RNA (ribonucleic acid) that normalizes and regulates cell growth. It also removes dioxins and heavy metals.

Cruciferous (from the Latin word "crux" meaning "cross") vegetables are the most valuable of all garden variety vegetables and are recognizable by the crisscrossing of the ribs in their leaves.

Sea vegetables (like kelp) naturally contain iodine, which stimulates an underactive thyroid and helps to reduce stress at the cellular level.

Alfalfa's root nodules have a symbiotic relationship with the bacteria Sinorhizobium meliloti (rhizobium), which has the ability to "fix nitrogen" no matter the amount available in the soil (and increase the amount of nitrogen in the soil).

#### HISTORY

In the early 1900s, the US Department of Agriculture determined that cereal grasses like barley grass, wheatgrass and oat grass contained every nutrient necessary to sustain human life when harvested at the pre-jointing of their growth.

Alfalfa was known as the "Father of All Foods" because it can live 20 years and its roots can stretch 40 feet into the Earth's crust, drawing vital minerals. Organic farmers refer to alfalfa as "green manure."

Mircroalgae (like chlorella and spirulina) have also gained popularity for their numerous health benefits.

### POTENTIAL BENEFITS

Best of Greens is the ideal vegetarian protein source and builds strong, lean muscle. Its high quality omega-3 fatty acid profile means it supports nerve endings and organ health as well as the brain. Best of Greens supports healthy blood flow, red blood count and oxygenation. While eliminating and neutralizing heavy metals, dioxins and toxic acids, this product supports immune function.

# **HOW IT IS MADE**

The ingredients in the Best of Greens are selected for their premium quality and purity and are minimally processed.

# **Supplement Facts**

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Amount per serving % DV*							
Organic Cereal Grass Blend Containing: 999mg †							
Organic Barley Grass Powder, Organic Wheat							
Grass Powder, Organic Oat Grass Powder							
Organic Alfalfa Leaf Juice Powder 500 mg†							
Organic Vegetable Blend Containing: 434 mg†							
Organic Cabbage, Organic Parsley, Organic							
Kale, Organic Broccoli, Organic Dandelion Leaf							
Organic Algae Blend Containing: 332 mg†							
Organic Chlorella, Organic Spirulina							
Organic Sea Vegetable Blend Containing: 165 mg †							
Organic Kelp, Organic Dulse							
Natural Flavoring Proprietary Blend Containing: 135 mg †							
Natural Apple Flavor, Organic Stevia							
Extract, Lo Han Guo Extract							
Organic Broccoli Sprout 70 mg†							
* The 0/ Dell 1/41 of (D) 0 tells are because the contribution							

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SUGGESTED USE: Take one scoop mixed with 8-12oz of juice or water once or twice daily.

PRODUCT	SIZE	ITEM	SKU	CASE	WHOLESALE	MSRP
Best of Greens Unflavored	150g powder	52703	764934527032	12	17.97	29.95
Best of Greens Sweet Lemon	79g powder	52707	764934527070	12	14.63	24.38
Best of Greens Green Apple	79g powder	52710	764934527100	12	14.63	24.38

<sup>†</sup> Daily value not established