

ORGANIC RICE BRAN SOLUBLES

180g POWDER

Certified Organic
Non-GMO
Vegan
Gluten-Free
Kosher

Rice Bran Solubles are the most potent, nutrient-rich part of rice. They are amazing plant complexes that contain a wide variety of nutrients not found in other foods, such as tocotrienols, trienols and gamma oryzanol. Ours has a light, nutty, and buttery flavor that is the perfect complement to any green drink or protein shake.

- May support healthy blood glucose
- Is a great source of healthy fats
- May support a healthy body weight
- Contains a wide variety of B vitamins
- Can help promote healthy cholesterol levels and cardiovascular function



NUTRITIONAL ANTIOXIDANT LIPIDS

Pure Planet's Rice Bran Solubles is the highly concentrated soluble carbohydrate and lipid-rich component of non-chemically modified, water-soluble and stabilized rice bran. It dissolves instantly in any beverage, is easily digested, and provides a near instant energy source.

WHY WE OFFER RICE BRAN SOLUBLES

Brown rice has been one of the staple foods for humans over the last 10,000 years, yet the most valuable part of brown rice is typically lost during cooking and processing. This soluble portion of rice bran contains unique lipids, antioxidants and other nutrients that can be vital in supporting human health. Pure Planet offers a patented and concentrated rice bran powder that has a mild nutty taste and is can mix easily with any beverage.

INTERESTING FACTS

Rice bran solubles are valued for the antioxidants they contain, like tocopherols and tocotrienols (which are 50 times more powerful than vitamin E) and trace amounts of the full spectrum vitamin B complex. But perhaps the most beneficial phytochemicals are the palmitic fatty acids, which contain gamma oryzanol. While the white portion of rice contains 90% of the weight, it contains less than 10% of the nutrients.

HISTORY

For 40,000 years, men were hunters and gatherers, yet 12,000 years ago, man began to cultivate rice, soy and barley in China. Rice soon became a staple food. The samurai considered it sacred and consumed large amounts to gain strength. In Latin American culture, "agua de arroz" (Spanish for "rice water") was commonly produced by soaking whole grain brown rice in water until it germinated. The blended liquid created a milky and nutritious beverage.

POTENTIAL BENEFITS

Rice bran solubles have been valued by bodybuilders for their ability to support maximum muscle definition. This same hormonal impact can also benefit your mood, skin and other organs. The powerful antioxidant-like trienols and tocotrienols, along with gamma oryzanol, help strengthen and protect the heart. Rice

Bran solubles can be integral to helping someone maintain a healthy weight as well as maintain healthy cholesterol and blood glucose levels. They can support sustained energy, while providing a natural source of the enzyme co-factor, COQ10. Pure Planet's Rice Bran Solubles can also be a great source of healthy fats, which help to better absorb the beneficial antioxidants it contains.

HOW IT IS MADE

Unlike other companies that just finely mill rice bran to make it look soluble, our patented process actually creates a truly soluble rice bran concentrate that does not contain the heavy indigestible fibers that can trap the valuable nutrients and prevent assimilation.

Nutrition Facts

30 servings per container

Serving Size 1 tablespoon (6g)

Calories 30

	Amt. Per Serv.	% DV*
Total Fat	1.5g	2%
Sodium	0mg	0%
Total Carbohydrate	4g	1%
Protein	<1g	

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, sugars, vitamin D, calcium, iron, potassium

*The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SUGGESTED USE:

Mix one tbsp with 6-8 oz of water, your favorite juice, creamy beverage, smoothie, or green drink. Shake or mix well.

PRODUCT

SIZE

ITEM

SKU

CASE

WHOLESALE

MSRP

Rice Bran Solubles

180g powder

60001

091401600012

12

14.97

24.95